

JANUARY 2025

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
CLOSED FOR CHRISTMAS BREAK						
5	6	7	8	9	10	11
	9:00 am - 11:00 am	9:00 am - 11:00 am	9:00 am - 11:00 am	9:00 am - 11:00 am	9 - 11 am 9 - 11 am 9 - 11:30 am	
12	13	14	15	16	17	18
	9:00 am - 11:30 am	9:00 am - 11:30 am	9:00 am - 11:30 am	9:00 am - 11:30 am	9:00 am - 11:00 am 9:00 am - 11:30 am	
19	20	21	22	23	24	25
	9:00 am - 11:00 am	9:00 am - 11:30 am	9:00 am - 11:30 am	9:00 am - 11:30 am	9:00 am - 11:00 am 9:00 am - 11:00 am	
26	27	28	29	30	31	
	9:00 am - 11:00 am	9:00 am - 11:30 am	9:00 am - 11:30 am	9:00 am - 11:30 am	CLOSED FOR PD DAY	

PROGRAM DESCRIPTIONS



EARLYON FAMILY ENRICHMENT

570 First Ave. E.
North Bay, ON

705-472-2152

EARLY LEARNING PLAY GROUP

This is a **FREE** drop-in style program for all parents and caregivers with children 0 - 6 years of age, to come together and explore, learn, create, and play in our child friendly spaces; talk to professionals in the Early Childhood field; and connect with others.

FAMILY ENRICHMENT

Registration is required to participate in this **FREE** program, that offers parents a break from their children, so they can further their education in parenting and personal life skills. Children are cared by staff and volunteers while parents attend class. Through our partnership with the NPSCDSB, high school credits can be earned while attending this program, and transportation is provided.

FAMILY ENRICHMENT (CAPC)

This is the same **FREE** program described above, with the additional specialty of being offered to only CAPC clients (parents under the age of 23) on these particular days.

WATCH ME GROW

Talk with a certified Doula and Lactation Counselor who can support you with feeding, weigh-ins, and infant development questions, at the **FREE** program for parents with children under the age of one.